



### **Sample Synagogue Serenity Shabbat E-Blast**

On Shabbat *Naso* (14 & 15 June/ 8 & 9 Sivan) individuals, families, and synagogues across Chicagoland participate in Serenity Shabbat, an opportunity to raise awareness about and destigmatize addiction in our community, and celebrate the blessings of recovery from addiction. In solidarity with those in our community who struggle with addiction and in recognition that recovery is possible, we will be *(add text reflecting your congregation's Serenity Shabbat activities, e.g., making kiddush with grape juice instead of wine on Serenity Shabbat)*. We have invited *(insert name of community member in recovery)* as a guest speaker to talk about their recovery journey and will include a special *refuah shleimah* for people and families impacted by addiction and remember those who died as a result of this disease.



## Serenity Shabbat Sample Flyer

{Name of synagogue} joins

JCFS Chicago and the Chicago Board of Rabbis

in presenting

Serenity Shabbat

Raising Awareness of Addiction and Celebrating Recovery and Shabbat

On *Parshat Naso* we will join congregations around Chicagoland in a Shabbat devoted to awareness of addiction and recovery in Chicago's Jewish community. At [name of synagogue] we will [insert activities the synagogue will be engaging in for Serenity Shabbat]

Please join us!

*Parshat Naso* 14 & 15 June/ 8 & 9 Sivan

For more information:

[link to synagogue webpage with Serenity Shabbat information]

<https://www.jcfs.org/serenity-shabbat>

Or contact [Dr. Beth Fishman](#), Addiction Services Program Manager, JCFS Chicago

[insert name of synagogue, address etc and logo]