

Jewish Recovery Resource Materials

A Jewish recovery resources table located prominently throughout Serenity Shabbat will certainly bring awareness to the topic. Posting resource links from the JCFS Chicago Serenity Shabbat Resource weebpage to your personal or congregational site is another easy way to make materials and connections available. We are happy to make hard copies of materials available for those observing Serenity Shabbat at home as well. Please contact JCFS Chicago addiction services for hard copies of the current list of 12-Step meetings in Jewish spaces (including those that have remained virtual or are hybrid), the *T'filat haShalvah/*the Serenity Prayer in Hebrew and in English, and the JCFS Chicago pamphlet on Jewish Prayers and Practices for Your-12 Step Journey.

Jewish Addiction Recovery Websites

<u>JCFS Chicago addiction services</u> JCFS Chicago addiction services supports individuals and families struggling with or in recovery from addiction and works with the Jewish community to create compassionate responses to addiction's many challenges.

12-Step Online Meeting List

These meetings took place in Chicago area Jewish locations such as synagogues and other communal buildings prior to covid restrictions. Some have returned in person, some remain virtual, and others are now hybrid. The meeting list updates as needed.

<u>Beit T'Shuvah</u> *Beit T'Shuvah* is a residential addiction treatment center that saves lives through a comprehensive program of Jewish spirituality, psychotherapy, and the 12-Steps.

<u>Jewish Addiction Awareness Network</u> Jewish Addiction Awareness Network's comprehensive resource website is a place for information and connection, featuring many voices sharing Jewish perspectives on addiction and recovery.

<u>Our Jewish Recovery</u> Our Jewish Recovery exists to support Jews in recovery from any and all addictions and their loved ones, and to help us all find experience, strength, and hope.

Selah is a Brooklyn-based "participation-celebrated, perfection-averse, everyone-welcome community of people in recovery and recovery-curious, grounded in Jewish tradition. Selah has several online groups open to Jews in recovery from any location.

Recovery From Addiction Birthright Israel Trips The Recovery trip aims to reconnect young people in recovery or impacted by an addiction with their Jewish heritage and reclaim their role as active members in the Jewish community. In addition to all the traditional highlights and sightseeing, participants will also meet Israelis from different fellowships.